**Emergency First Aid - 1 Day Course**

**Campus**

BMet, Matthew Boulton Campus, 4 Jennens Road, Birmingham B4 7PS

**To book a place on this course please call the Employability Skills Team on 0121 362 1174**

**Hours and times per week**

1 day per week: 9.00am – 5.00pm (8 hours)

**Course content**

This course is suitable for people who want to be a First Aider in lower-risk work environments, such as offices and shops and/or organisations with fewer than 100 employees. For regulatory purposes, successfully completing this course will enable the candidate to act as a first aider in the workplace.

The course will cover the following elements:

* Understand the role and responsibilities of a first aider
* Be able to assess an incident
* Be able to manage an unresponsive casualty who is breathing normally
* Be able to manage an unresponsive casualty who is not breathing normally
* Be able to recognise and assist a casualty who is choking
* Be able to manage a casualty with external bleeding
* Be able to manage a casualty who is in shock
* Be able to manage a casualty with a minor injury

**Assessment Methods**

* Demonstrate competence in first-aid procedures for the management of a casualty:
  + Who is unresponsive and breathing normally (recovery position)
  + Who is unresponsive and not breathing normally (cardiopulmonary resuscitation)
  + With external bleeding and who is in shock.
* Complete a test paper and score 7 out of 15.

**Qualification Gained**

CIEH Level 2 Award in Emergency First Aid at Work

**Entry and Eligibility Requirements**

Motivation and willingness to learn. Applicants will be required to be working at Entry Level 3 in English and Mathematics. Applicants will need to be unemployed and be in receipt of benefits in order to be assessed for full fee remission.